

The mechanics of loop

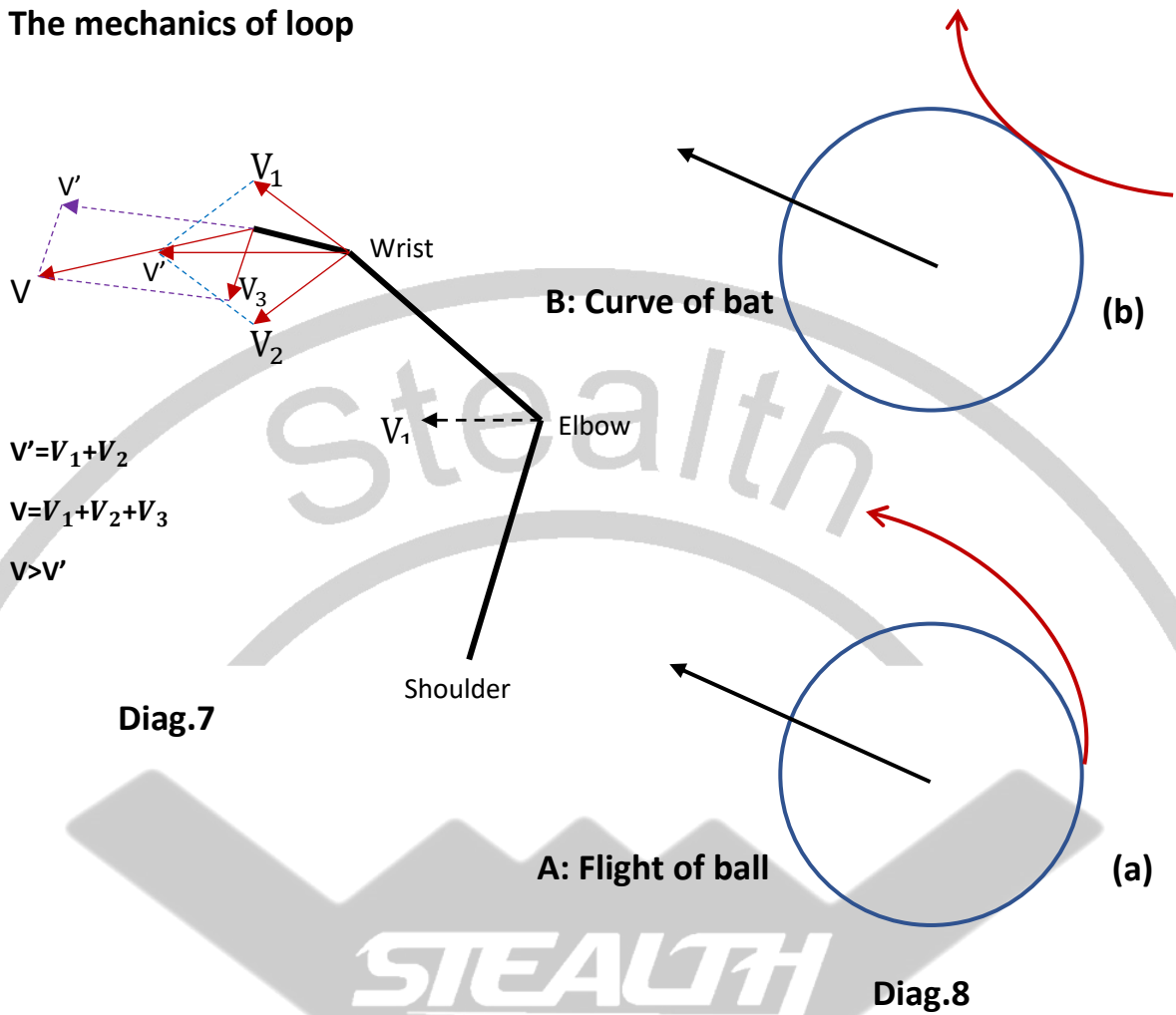


Table 1: A comparison between the stroke movement of different loops

Type of loops	Backswing	Timing of stroke	Position of impact	Point of impact	Angle of bat	Direction of force	Follow-through	Length of bat swing
Accentuated loop	Downward to the back of hip	Hit the ball on descent	About 0.5m to front right of hip	Middle or upper part of ball	70-80 degrees with table surface	Brush ball mainly upward	Bring bat to the left side of forehead	Small
Forward driving loops	A bit higher than that for accentuated loop	Around the peak of bounce	About 3/4m to front right of hip	Middle or upper part	25-30 degrees with table surface	Brush ball mainly forward but with a slight solid hit	Bring bat to front left of forehead	Large
Side-spin loop	Downward to the back of body in a curve	Hit the ball on descent	About 1/4m to front of waist	Middle of right side or middle bottom	65-75 degrees with end line	Bring bat out to right side, then inward and upward before brushing ball forward	Bring bat to the front left shoulder	Medium