

The factors which give Influence for service execution

1. The grip. Stiff grip gives difficulties for easy wrist movement.
2. Position of the player from the table.
3. Angle of the racket before and at the impact.
4. Accurate throwing of the ball.
5. Quick movement of playing arm and wrist.
6. Location of impact on the ball (under, side, backside, upper side).
7. Location where it is bounced on the server's court (near the endline, middle of the court, or near the net).
8. Movements of shoulder, waist, feet which help the execution.
9. Strength of arm and wrist.
10. Deep concentration.
11. Courage to use.
12. Suitably grippy rubber.

Importance of the service

Offensive players must ensure his attacking tactics by sending the good services to the wanted places. Therefore, an appropriate service is a very important starting point and means a great advantage to you.

The services should be sent to the weak side of a receiver from which weak return of services are made in order to attack returns of the services effectively.

You must change your services constantly so that the receiver will not get used to the services, and you should find "one effective service" to which the receiver shows difficulty to handle. That service should be used only in appropriate times, for example the last phase of a game or when the coach gives you the signal.

Every player has a weaker side for the return of the service. You must find the weaker side of your opponent with various services. Good services mean great advantage, and determine the outcome of the matches quite often.

Until the next time

Play right

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